

antidotenetwork.org

Antidote is a grassroots network of over 150 girls and women in Greater Victoria. We represent diverse ages, professions and interests, ethno-cultural, linguistic and religious backgrounds and affiliations in the community. Antidote was created in 2004 following a groundbreaking research project conducted by the Department of Women's Studies at the University of Victoria exploring the lived realities of racialized minority and Indigenous girls in Greater Victoria.

We are committed to promoting the visibility and wellness of racialized minority and indigenous girls and women in our communities. Antidote is a unique volunteer-based organization that focuses on creative and participatory methods to bridge community, activism and research. Our projects build community capacity and promote leadership and social change in the area of diversity and cross-cultural understanding. Members are actively involved in the planning and decision-making process of projects and initiatives.

antidote

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Multiracial and Indigenous
girls' and women's network

WE'RE JUST SAYIN' IS A GROUP
FOR GIRLS, BY GURLZ.

IT IS LEADERS LEADING LEADERS INTO
COMMUNITY ACTION FOR SOCIAL RESISTANCE
AND SOCIAL JUSTICE.

GIVEN THE TOOLS TO THINK CRITICALLY UNDER
A GENDER AND ANTI-RACIST BASED ANALYSIS,
GIRLS AND YOUNG WOMEN ARE ABLE TO CONVEY
THEMSELVES THROUGH ARTISTIC MEDIUMS,
SUCH AS FILM MAKING, ZINE MAKING AND
FASHION DESIGN.

WITH PROGRAMS RUNNING THROUGHOUT
THE YEAR, WE'RE JUST SAYIN' IS A SAFE SPACE
WHERE THE VOICES OF YOUNG RACIALIZED AND
INDIGENOUS WOMEN AND GIRLS ARE AMPLIFIED
AND HEARD; WHERE THEIR WORDS MATTER AND
WHERE THEIR WORDS *BECOME*.

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