

antidote

antidotetwork.org

Antidote is a grassroots network of over 150 girls and women in Greater Victoria. We represent diverse ages, professions and interests, ethno-cultural, linguistic and religious backgrounds and affiliations in the community. Antidote was created in 2004 following a groundbreaking research project conducted by the Department of Women's Studies at the University of Victoria exploring the lived realities of racialized minority and Indigenous girls in Greater Victoria.

We are committed to promoting the visibility and wellness of racialized minority and indigenous girls and women in our communities. Antidote is a unique volunteer-based organization that focuses on creative and participatory methods to bridge community, activism and research.

Our projects build community capacity and promote leadership and social change in the area of diversity and cross-cultural understanding. Members are actively involved in the planning and decision-making process of projects and initiatives.

UNLABEL

FASHION SHOW

The Unlabel Fashion Workshop is antidote's annual community event focusing on fashion deconstruction. It is currently in its 5th year and is open to all members of the community. Unlabel is a fun, creative and inspiring workshop where girls and women from racialized and Indigenous backgrounds explore their complex identities by "un-labelling" clothing, recreating fashion and remaking clothes. Participants create new items of clothing by symbolically cutting up the item of clothing and replacing it with material and style that represents their unique identity. The workshop ends with a fabulous fashion show highlighting the day's creations.

This workshop builds community solidarity and capacity by bringing together community members in a positive, safe space. Thanks to our major sponsor, Girls Action Foundation, antidote has been able to host this workshop annually, with new workshops, speakers, and activities added each year. Antidote members, volunteers, allies, friends and community partners join in a day full of fashion fun, social change, and a celebration of our identities as racialized and Indigenous girls and women.

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info@antidotetwork.org
250.661.4705
www.antidotetwork.org

407A - 620 View St
Victoria BC V8W 1J6
Canada

